

Cascade Heights Hot Lunch Program 2025 Term 2 Order Information

Dear Parents/Guardians,

Cascade Heights PAC is pleased to announce the continuation of hot lunch into Term 2. Our hot lunch program is run by parent volunteers and all funds raised go right back towards student activities and school enhancements.

ORDER DEADLINE:

2025 Term 2 (Jan to March) lunch orders need to be completed on-line by **Sunday December 15th, 2024**. All payments must be received by this date or your order(s) will be cancelled.

ORDER PROCESS:

Cascade Heights uses MunchaLunch to facilitate hot lunch ordering. Please follow this link to sign in or sign up <https://munchalunch.com/schools/CascadeHeights>. Registering your account is a simple 10-minute process. New users click "Register here" and follow the prompts. If you already have an account from previous fundraisers or hot lunch orders, click "Login here" and follow the prompts.

PAYMENT

The preferred payment is any major credit card. If you prefer to pay by cheque, complete your order online and choose "other payment options", then select "cheque payment". Deliver the cheque (payee name "**Cascade Heights School Parent Advisory Committee**") to school Secretary Courtney Eastman in the office by the order deadline, **9:00am Friday December 13th** and send a note to cascadeheightshotlunch@gmail.com. If payment is not received by the deadline, the order will not be processed.

VENDORS AND FOOD SELECTION:

We're bringing back Agra Tandoori! While food costs have increased year over year, they've graciously waived their sorting fee and adjusted some of their portions to more or less maintain the pricing from the previous school year. As well, we will be repeating the following vendors from the previous term: Fuel Catering, Domino's Pizza, Subway, and Takara Sushi. Please view the attached page for schedule, choices, and pricing. For a full description of each meal please refer to the MunchaLunch weekly items on offer.

PLEASE NOTE:

- You will be able to cancel a food order up to 10 days prior to delivery should your plans change. Just sign into your account and delete that order. If you cancel within the allotted time, a full refund will be applied to your MunchaLunch account. **Please remember you must cancel orders 10 days prior to the hot lunch date.**
- Late orders and special meal requests cannot be accommodated.
- If your child is away and you miss the window to change, parents can pick up the lunch or allow the school to redistribute it to other children. Your contribution is appreciated.
- If you have any questions or concerns, please email cascadeheightshotlunch@gmail.com.

Don't forget the Term 2 order deadline will be Sunday December 15.

All the best,

Cascade Heights PAC Hot Lunch Committee

HOT LUNCH SCHEDULE	VENDOR	THEME
Friday January 10	Subway	Subway
Friday January 17	Fuel Catering	Burgers
Friday January 24	Fuel Catering	Pasta
Friday January 31	Fuel Catering	Comfort Food
Friday February 07	Agra Tandoori	Indian Cuisine
Friday February 14	Fuel Catering	Burgers
Friday February 21	Fuel Catering	Pasta
Thursday February 27 (ProD on Fri)	Takara Sushi	Sushi
Friday March 07	Fuel Catering	Comfort Food
Friday March 14 (last day of Term 2)	Domino's Pizza	Pizza

Theme: BURGER DAY	Price
Beef Burger	\$6.75
Cheese Burger	\$6.75
Vegetarian Burger	\$6.75
Gluten Friendly Beef Burger	\$7.75
Grilled Cheese Sandwich	\$6.75
Meatball Sub	\$6.75
Chicken Nuggets (6pc)	\$6.75
Chocolate Chip Cookie	\$1.95
Apple Juice	\$1.60

Theme: PASTA DAY	Price
Spaghetti and Meatballs	\$6.75
Spaghetti and Sauce	\$6.75
Mac and Cheese	\$6.75
Chicken Alfredo	\$6.75
Parmesan Noodles	\$6.75
Gluten Friendly Rotini	\$7.50
Chicken Nuggets (6pc)	\$6.75
Banana Chocolate Chip Muffin	\$2.50
Apple Juice Box	\$1.60

Theme: COMFORT FOOD DAY	Price
Chicken Nuggets (6pc)	\$6.75
Grilled Cheese Sandwich	\$6.75
Potato and Cheddar Perogies (7pc)	\$6.75
Meatball Sub	\$6.75
Chicken Quesadilla	\$6.75
Gluten Friendly Cheese Quesadilla	\$7.50
California Roll (8pc)	\$6.75
Blueberry Muffin	\$2.50
Apple Juice	\$1.60

Theme: SUBWAY DAY	Price
6" Veggie Sub (white/whole wheat)	\$6.00
6" Turkey Sub (white/whole wheat)	\$6.00
6" Ham Sub (white/whole wheat)	\$6.00
6" Pepperoni Sub (white/whole wheat)	\$6.00
<i>Customize: cheese, lettuce, tomato, cucumber, mayo, mustard</i>	
Chocolate chunk cookie	\$1.00

Theme: TAKARA SUSHI	Price
Kappa Maki (8pcs)	\$4.25
Tamago Roll (8pcs)	\$4.50
Avocado Roll (8pcs)	\$5.00
California Roll (8pcs)	\$5.00
Yam Tempura Roll (8pcs)	\$5.00
Vegetable Roll (5pcs)	\$5.00
Dynamite Roll (5pcs)	\$5.50
Chicken Teriyaki Roll (5pcs)	\$6.00
Beef Teriyaki Roll (5pcs)	\$6.00

Theme: AGRA TANDORI	Price
3 PC Chicken Strips	\$8.50
3 PC Chicken Strips & Fries	\$10.00
Butter Chicken with Rice	\$7.50
Channa Masala with Rice	\$7.50
2 Vegetable Samosas	\$4.00
Butter Naan	\$2.50
Oat Fudge Bar	\$3.50

Theme: PIZZA DAY	Price
Cheese Pizza	\$4.00
Pepperoni Pizza	\$4.00
Hawaiian Pizza	\$4.00
Gluten Free Cheese Pizza	\$4.50
Gluten Free Pepperoni Pizza	\$4.50
Gluten Free Hawaiian Pizza	\$4.50
2PC Brownies	\$2.50