

# Cascade Heights PAC

Monthly Newsletter: Sep 2023



# Upcoming Events

Wed Sep 13: PAC Meeting

Wed Sep 27: Welcome Back BBQ

Fri Oct 27: Family Movie Night

#### Reminders

Fri Sep 15: **Terry Fox Run** 

Fri Sep 22: **Pro-D Day** 

Mon Oct 2: School Closure (Truth and Reconciliation)

# Contact Your PAC

General Contact:

pac.cascade.heights@gmail.com

Hot Lunch Contact:

Cascadeheights.hotlunch @gmail.com

### Welcome Back BBQ



Swing by the gym on **Wednesday September 27**<sup>th</sup> from 2pm to 6pm for hot dogs and snacks. Cash sales only and all proceeds will go towards supporting school activities.

Volunteers needed! Sign up here: <a href="https://signup.com/go/aGUsXLU">https://signup.com/go/aGUsXLU</a>

### **Family Movie Night**

Save the date for a *Spooky* Movie Night on **Friday October** 27<sup>th</sup> at 6pm.



Admission is free and dinner concession options will be available. More details to come, stay tuned!

### Hot Lunch on Fridays



Hot lunch is coming soon! Now with the class lists ready, we will work on setting up the back end so that you can start selecting your menu options soon.

We are looking for a co-coordinator for hot lunch! If you're interested, please reach out to <a href="mailto:pac.cascade.heights@gmail.com">pac.cascade.heights@gmail.com</a>. The more support we have, the more nutritional offerings we can offer.

#### Get Involved!

From co-chair, to committee leads, to members at large, there's a role for everyone.



Help create a supportive school community, meet other parents, stay in touch with what's happening at the school, get a glimpse of the school life, and have fun!

Contact the PAC for more info: pac.cascade.heights@gmail.com